



Human Services Career Cluster

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs, such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

Statewide Program of Study: *Health and Wellness*

The Health and Wellness program of study focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.

Secondary Courses for High School Credit

Level 1	<ul style="list-style-type: none"> Principles of Human Services Dollars and Sense
Level 2	<ul style="list-style-type: none"> Human Growth and Development Child Development Lifetime Nutrition and Wellness Interpersonal Studies
Level 3	<ul style="list-style-type: none"> Family and Community Services
Level 4	<ul style="list-style-type: none"> Practicum in Human Services Practicum in Human Services + Extended Practicum in Human Services Career Preparation for Programs of Study Career Preparation for Programs of Study + Extended Career Preparation



Example Postsecondary Opportunities

Apprenticeships

- Community Health Worker Apprentice

Associate Degrees

- Social Work
- Community Health Services Counseling

Bachelor's Degrees

- Social Work
- Mental Health Counseling

Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Dietetics

Additional Stackable IBCs/License

- Dietician



Aligned Advanced Academic Courses

Dual Credit	Dual credit offerings will vary by local educational agency.
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Students should be advised to consider these course opportunities to enrich their preparation. AP or IB courses not listed under the Secondary Courses for High School Credit section of this framework document do not count towards concentrator/completer status for this program of study.

Work-Based Learning and Expanded Learning Opportunities

Work-Based Learning Activities

- Shadow a dietician in a local hospital or nursing home to learn about tailoring diets to patient needs
- Work part-time as a peer counselor at a community non-profit organization that works with children
- Intern at a non-profit organization to learn about identifying resources to serve needs of participants

Expanded Learning Opportunities

- Participate in FCCLA

Aligned Industry-Based Certifications

- Community Health Workers
- Pre-Professional Certification in Nutrition, Food, and Wellness
- Child Development Associate (CDA)
- Food Safety & Science Certification
- Pre-Professional Certification in Food Science Fundamentals



Example Aligned Occupations

Community Health Workers

Median Wage: \$39,520
Annual Openings: 501
10-Year Growth: 25%

Dietetic Technician

Median Wage: \$28,919
Annual Openings: 160
10-Year Growth: 18%

Dietitians and Nutritionists

Median Wage: \$63,687
Annual Openings: 475
10-Year Growth: 21%

Data Source: TexasWages, Texas Workforce Commission. Retrieved 3/8/2024.



For more information visit:
<https://tea.texas.gov/academics/college-career-and-military-prep/career-and-technical-education/programs-of-study-additional-resources>



Human Services Career Cluster

Statewide Program of Study: *Health and Wellness*

Course Information

Level 1

Course	Prerequisites Corequisites	Career Clusters
Principles of Human Services* 13024200 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	4056
Dollars and Sense* 13024300 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	4971

Level 2

Course	Prerequisites Corequisites	Career Clusters
Human Growth and Development* 13014300 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services or Principles of Education and Training Recommended Corequisites: None	5012
Child Development* 13024700 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services or Principles of Education and Training Recommended Corequisites: None	4956
Lifetime Nutrition and Wellness* 13024500 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, or Principles of Health Science Recommended Corequisites: None	4977
Interpersonal Studies* 13024400 (0.5 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services, Principles of Hospitality and Tourism, Principles of Health Science, or Principles of Education and Training Recommended Corequisites: None	5039

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* Indicates course is included in more than one program of study.

For additional information on the **Human Services** career cluster, contact cte@tea.texas.gov or visit <https://tea.texas.gov/cte>



Human Services Career Cluster

Statewide Program of Study: *Health and Wellness*

Course Information

	Course	Prerequisites Corequisites	Career Clusters
Level 3	Family and Community Services* 13024900 (1 credit)	Prerequisites: None Corequisites: None Recommended Prerequisites: Principles of Human Services Recommended Corequisites: None	4985
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Level 4	Practicum in Human Services* First Time Taken: 13025000 (2 credits) Second Time Taken: 13025010 (2 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	5019 1 st time 5040 2 nd time
	Practicum in Human Services + Extended Practicum in Human Services* First Time Taken: 13025005 (3 credits) Second Time Taken: 13025015 (3 credits)	Prerequisites: None Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	5042 1 st time
	Career Preparation for Programs of Study* First Time Taken: 12701121 (2 credits)	Prerequisites: At least one Level 2 or higher CTE course Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	4800
	Career Preparation for Programs of Study + Extended Career Preparation* First Time Taken: 12701141 (3 credits)	Prerequisites: At least one Level 2 or higher CTE course Corequisites: None Recommended Prerequisites: None Recommended Corequisites: None	4801
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