



BRONTE INDEPENDENT SCHOOL DISTRICT

Tim Siler, Superintendent

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Jennifer Englert
Elementary Principal

Ginger Robbins
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Vision: The vision of the Bronte ISD School Health Advisory Council is for all children to develop skills and knowledge to help them lead a healthy, productive life.



Mission: The mission of the Bronte ISD School Health Advisory Council is to provide help and support to students so that they can make safe and healthy decisions for a lifetime.

Meeting Minutes

The meeting was called to order by Ginger Robbins at 4:00 PM. All members were asked to sign in.

I. Legal Updates

A. As per HB 3144, October is Fentanyl Poisoning Awareness Month.

B. HB 3908: Tucker's Law adds to the duties of SHAC the requirement to recommend to the local board of trustees the appropriate grade levels and curriculum for instruction in the dangers of opioids, including addiction to and abuse of synthetic opioids such as fentanyl (TEC 28.004). It further requires each school district to annually provide to students in grades 6-12 researched-based instruction on fentanyl abuse prevention and drug poisoning awareness. The required instruction in fentanyl prevention and drug poisoning awareness must include the following:

1. suicide prevention
2. prevention of the abuse of an addiction to fentanyl
3. awareness of local school and community resources and any processes involved in accessing those resources
4. health education that includes information and substances use and abuse, including youth substance use and abuse

The instruction may be provided by a public health agency, or organization that employs mental health professionals or an employee or agent of these entities.

C. As per SB 629: TEC 38.222 each school must have a plan for the maintenance, administration and disposal of opioid antagonists. Located in both school offices is Narcan nasal spray.

II. Nutrition: Food Services

A. Free breakfast is provided to all students daily. It is delivered in crates to each classroom. New this year is that lunch is available to every student free of charge.

III. Curriculum

- A. Major Clarity utilized weekly / Student Interest Surveys have been completed
- B. The College Tour Video Series
- C. Dave Ramsey Curriculum

- D. Last year, Mrs. Pittman used EAF funds to purchase Impairment Goggles and uses these with her students in Human Growth and Development.

IV. Counseling Programs

- A. Texas Child Health Access Through Telemedicine, or TCHAT
- B. Our 8th graders attend Youth Aware of Mental Health (YAM) on Wednesdays for 5 weeks. YAM is a school-based program that helps adolescents develop mental health skills and reduce the risk of suicide. The Goal is to help students develop coping skills and resiliency, and to learn how to recognize and address mental health concerns. The YAM sessions include role-playing, discussions, and informational materials. Students learn how to identify symptoms of depression and suicidality, and how to seek help for themselves and their friends. It is five interactive sessions over five weeks. Each session is 45 minutes long. YAM can help students feel more confident in supporting friends, and to recognize when they need support. Studies have shown that YAM can reduce the number of suicide attempts and severe suicidal ideation.
- C. We have a partnership with Shannon Medical for our students to explore Health Careers. A representative comes out and through VR headsets, students are able to have interactive experiences.
- D. Onsite ASVAB scheduled for December 17, 2024
- E. Onsite PSAT/SAT scheduled for October 23, 2024

V. Health and Fitness

- A. The first Wednesday afternoon of each month, Ms. Englert and Mrs. Robbins lead the staff in an activity to promote physical and mental wellness. Wellness Wednesdays are optional.
- B. Our elementary students annually participate in The Fitness Gram. The assessment includes a variety of health-related physical fitness tests designed to assess cardiovascular fitness, muscle strength, muscular endurance, flexibility, and body composition.
- C. Social Emotional Learning
 - 1. Mrs. Sanchez uses Second Step in classroom instruction with PreK-2nd grades each Wednesday. It is a program that teaches how to nurture positive relationships, manage emotions, and meet goals.
 - 2. She uses Character Strong with students in grades 3-6 each Wednesday. Character Strong is a program that focuses on a character trait each month (such as integrity). At the secondary level, a quote is read each day during the announcements that supports the trait.
 - 3. Monique Bilyeu, Gifted and Talented teacher is also a Social Emotional Facilitator. She works with students on a weekly basis. She takes them through breathing exercises, yoga, and activities focused on self regulation. She utilizes the Breathe for Change program.

VI. Screenings: Vision, Hearing, Spinal, Acanthosis were completed during the 1st six weeks.

VII. Safety and Security

- A. Interquest is who we contract with for canine detection services. They have been onsite once
- B. Southwest Consortium is who we contract with for drug testing services. They have tested once.

VIII. New Business:

- A. Bullying Awareness speaker, video etc...
- B. Career Fair : Lisa Gibbs maybe an excellent person to ask question and plan

Next Meeting set for November 20th